



Continued Competency Standards

The following are the standards that have been adopted by the Colorado Chapter of the American Physical Therapy Association to ensure that continuing competency is relevant, evidence based, that objectives have been set and that these objectives are measurable.

To determine that a course meets the required standards of the Chapter the following elements I-VII need to be satisfied:

- I) **Instructor/ Developer of the Course**
 - A) Documentation of the experience, education, and training to have the sufficient background to deliver the course content
 - a. Documentation accepted
 - i. Curriculum Vitae which include information relevant to the topic being instructed
 - ii. Biographies of Speaker/s inclusive of information to support the expertise of the presenter/s
- II) **Engagement** – this standard helps establish that the continuing competence activity fosters the participants learning through reflection, interaction, participations and/or contribution to the profession and its body of knowledge.
 - a. Must have one of the least of the following
 - 1) Structured opportunities for self-reflection and identification of growth opportunities
 - 2) Opportunities for participation through structured interactive opportunities
 - 3) Opportunities to contribute to the profession and its body of knowledge.
- III) **Evidence Based Practice** – continuing competency activities utilize available evidence, outlined theoretical frameworks or current regulations to support instruction; participants are provided reference/s when appropriate
 - a. Reference List provided and/or theoretical framework
 - b. Regulations supporting need for instruction provided
- IV) **Course Objectives** – to ensure the activity includes objectives which reflect the full extent of the activity
 - a. Requirements for objectives
 - 1) Sufficiently reflect the focus of the activity and the critical elements of the content.

- 2) Objectives are behavioral and at an appropriate level for the target participants.
 - 3) Contain content that relates to the scope of practice of physical therapy
- V) **Course Design** – Each continuing competency activity is designed to support the achievement of objectives.
- a. Course syllabus and/or course outline/s are sufficiently documented to demonstrate the course design.
 - b. Clearly identified instructional methods
 - c. Course schedule with designated time devoted to each content area
- VI) **Standard Assessment** – each continuing competency educational offering includes methods to assess the participants attainment of the specified activity outcomes
- a. Assessment methodology is appropriate for the stated objectives.
 - b. An achievement standard has been developed for the assessment to determine which participants have successfully attained the activity outcomes. This includes:
 - 1) Quiz (verbal or written, graded or ungraded), followed by instructor-led discussion of key points, or
 - 2) Learning assessment with a passing score requirement, or
 - 3) Instructor approval of participant’s proficiency of skill (e.g. manual therapy, hands-on technique, etc.) performance based on observation or other assessment method.
- VII) **Course Evaluation and Completion** – providers of a continued competency education offerings will provide:
- a. a course evaluation tool to be completed by the participant at the end of the activity that evaluates the instructor and the course. It is recommended that the course evaluation tool include items such as: proficiency of course/instructor in teaching the learning objectives, course evaluation, instructor evaluation, suggestions for course improvements, etc.
 - b. Provide a certificate of completion, or, other sufficient proof of completion

References:

- 1) <https://www.fsbpt.org/Free-Resources/Continuing-Competence/Continuing-Competence-Activity-Standards>
- 2) Colorado Board Standards for CE Activities 2018