

OSTEOKINEMATIC MOBILIZATION AND PNF

FOR THE PHYSICAL THERAPIST ASSISTANT

LUMBOPELVIC & LOWER QUARTER

PRESENTED BY:

BEN SWINK PT, DPT, OCS, FAAOMPT
AND SHANE O'MALLEY PT, DPT, OCS, FAAOMPT

SATURDAY, MARCH 12 2022

8AM-5PM

REGIS UNIVERSITY

PETER CLAVER HALL-409

OPEN TO ALL PTAS AND PTA STUDENTS
8 HRS OF CATEGORY 1
PROFESSIONAL DEVELOPMENT ACTIVITY

COST

APTA CO MEMBERS - \$225

NON-MEMBERS - \$275

STUDENTS - \$100

REGISTER



Selective manual therapy techniques are an integral part of a physical therapist assistant's collaborative scope of work. This is the 3rd part in our PTA course series and will provide a fundamental foundation on specified manual therapy in addition to the current guidelines and recommendations for the PTA. Course content will explore different passive and active osteokinematic mobilizations and proprioceptive neuromuscular facilitation techniques (PNF) as they relate to the lumbopelvic region and the lower quarter. This lab course will be designed to maximize hands-on practice with short lectures and group discussion. Cases will be presented to promote understanding of how and when these techniques are utilized in practice.

During the lab, participants will have expert supervision and guidance from multiple Fellows of the American Academy of Orthopaedic Manual Physical Therapists and active clinicians.

ALL PROCEEDS FROM THIS EVENT WILL GO TO THE COLORADO PT-PAC TO HELP
INFLUENCE LEGISLATIVE ISSUES AFFECTING PTS IN COLORADO

