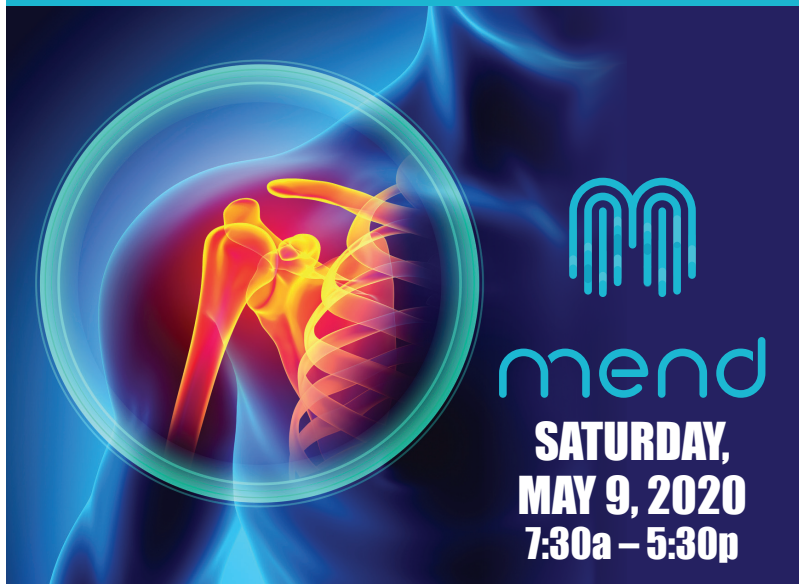


# Innovative Management of the Shoulder Complex: Maximizing Outcomes in Fewer Visits

**INSTRUCTORS:** Kristin Carpenter & Jeff Ryg • *MEND Physical Therapy* • Boulder, Colorado



## Course Description & Objectives

This one-day, case-based course is designed to improve your effectiveness in the clinic managing patients with shoulder pain. Participants will learn the most up-to-date evidence regarding differential diagnosis, examination, and intervention techniques. Majority of course time and emphasis will be placed on lab sessions to improve efficiency and outcomes in the clinic on Monday. Participants will learn unique and effective manual therapy and exercise interventions for the upper quarter based on sound clinical reasoning through case based learning and pattern recognition.

**Upon completion of this course, participants will be able to:**

- 1) Describe functional anatomy of shoulder complex
- 2) Discuss biomechanics of shoulder complex
- 3) Perform differential diagnosis of upper quarter symptoms
- 4) Describe and accurately perform clinical special tests with known diagnostic utility
- 5) Perform evidenced based interventions for patients with shoulder pain
- 6) Review pathophysiology, diagnosis, prognosis, and interventions for common shoulder disorders

## Course Details & Registration

## Course Schedule

### SATURDAY • MAY 9, 2020

- 730–8a Registration and Pre Test
- 8–9a Introduction and Differential Diagnosis of Shoulder Pain
- 9–10a Subjective Exam: The Foundation for Accurate Diagnosis and Clinical Efficiency
- 10–1015a BREAK
- 1015a–12p Objective Exam: Case Based Clinical Reasoning and Recognition of Common Clinical Patterns
- 12–1p LUNCH (on your own)
- 1–2p Manual Therapy Interventions: Thoracic Directed
- 2–3p Manual Therapy Interventions: Shoulder Complex Directed
- 3–315p BREAK
- 315–4p Manual Therapy: Passive to Active Progressions
- 4–5p Using Exercise to Confirm Hypotheses and Treat Clinical Patterns
- 5–530p Q&A and Post Test

**LOCATION:** **Regis University**  
Peter Claver Hall, Room 409  
3333 Regis Blvd  
Denver, CO 80221

**TUITION:** **\$200 APTA CO Members**  
**\$250 Non-Members**  
**\$75 DPT Students**

**HOURS:** 8 hours = 8 CEU

**REGISTER ONLINE:**  
[www.coloradophysicaltherapists.org/calendar](http://www.coloradophysicaltherapists.org/calendar)

**INSTRUCTORS:** **Kristin Carpenter**  
([read bios on mendcolorado.com](#))  
**Jeff Ryg**

PT, DPT, OCS, FAAOMPT  
PT, DPT, OCS, CSCS, ATC, FAAOMPT

**QUESTIONS:** [chris@integralphysicaltherapy.org](mailto:chris@integralphysicaltherapy.org)

**PROCEEDS BENEFIT:** **Colorado APTA Political Action Committee (PAC)**

